

DEXA HISTORY

NAME _____ TODAY'S DATE _____
 SEX M F DATE OF BIRTH _____
 HEIGHT _____ ETHNICITY _____
 WEIGHT _____ MENOPAUSE AGE _____

- 1) Have you had a previous hip or vertebrae fracture? Yes No
- 2) Have you had any fractures during your adult life which did not result from a significant injury? Yes No
- 3) Did either of your parents ever have a hip fracture? Yes No
- 4) Do you smoke? Yes No
- 5) Have you taken steroid medication for 3 consecutive months? Yes No
- 6) Has a Rheumatologist diagnosed you with rheumatoid arthritis? Yes No
- 7) Have you been diagnosed with secondary osteoporosis? Yes No
- 8) Do you drink 3 or more alcoholic drinks per day? Yes No
- 9) Are you being treated for osteoporosis? Yes No

- 10) Have you ever taken the following medications:
- | | |
|------------------------------------|--|
| <input type="checkbox"/> Actonel | <input type="checkbox"/> Boniva |
| <input type="checkbox"/> Evista | <input type="checkbox"/> Forteo |
| <input type="checkbox"/> Fosamax | <input type="checkbox"/> Hormone Replacement Therapy |
| <input type="checkbox"/> Miacalcin | <input type="checkbox"/> Protelos |
| <input type="checkbox"/> Reclast | <input type="checkbox"/> Prolia |
| <input type="checkbox"/> Vitamin D | <input type="checkbox"/> Calcium |

Other - Please specify: _____

- 11) Do you have the following medical conditions:
- | | |
|--|--|
| <input type="checkbox"/> Anorexia or Bulimia | <input type="checkbox"/> Any seizure disorders |
| <input type="checkbox"/> Asthma or Emphysema | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> End stage renal disease | <input type="checkbox"/> Inflammatory bowel diseases |
| <input type="checkbox"/> Hyperparathyroidism | <input type="checkbox"/> Hysterectomy |

Other - Please explain: _____

- 12) What was your maximum height (in inches)? _____ inches
- 13) Do you perform weight bearing exercises regularly? Yes No
- 14) Do you consume dairy products regularly? Yes No
- 15) Do you drink caffeinated beverages? Yes No
- 16) Are you pre-menopausal? Yes No