

**BEXAR IMAGING CENTER**  
*The Bexar Essentials of Radiology*

**CT Scan**

<b>Exams</b>	<b>Duration</b>	<b>Patient Prep</b>	<b>Ordering Considerations</b>
<b>Special Considerations:</b>			
1. IV contrast studies require BUN and Creatinine labs less than 60 days old for patient 55 and older			
2. Please let us know when scheduling a diabetic patient for a NPO procedure			
3. If abdomen/pelvis is being performed for hematuria, AAA, renal cell carcinoma or kidney stones - <b>DO NOT</b> give patient oral contrast.			
<b>Abdomen/Abdomen &amp; Pelvis/Pelvis</b>	10 - 20 minutes	NPO, 6 hours - see prep instructions	
<b>Brain</b>	20 minutes	None	
<b>Chest</b>	20 minutes	NPO, 6 hours - no oral contrast	Order with contrast to rule out pulmonary embolism
<b>Chest - High Resolution</b>	20 minutes	None	Always order without contrast
<b>Extremity - Lower</b>	30 minutes	None	Always order without contrast unless for lesions or cysts
<b>Extremity - Upper</b>	30 minutes	None	Always order without contrast unless for lesions or cysts
<b>Facial</b>	20 minutes	None	Always order without contrast for trauma
<b>IAC's/Temporal Bones</b>	30 minutes	None	
<b>Mastoids</b>	40 minutes	None	

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<b>Orbits</b>	30 minutes	None	Always order without contrast
<b>Renals, 4-Phase</b>	20 minutes	NPO, 6 hours - no oral contrast	Always order without and with contrast
<b>Sinuses</b>	20 minutes	None	Always order without contrast
<b>Soft Tissue Neck</b>	20 minutes	NPO, 6 hours - no oral contrast	Always order with contrast
<b>Spine - Cervical</b>	30 minutes	None	Always order without contrast unless for lesions or cysts - MRI preferred if no limitation - Please see MRI Special Considerations
<b>Spine - Lumbar</b>	30 minutes	None	Always order without contrast unless for lesions or cysts - MRI preferred if no limitation - Please see MRI Special Considerations
<b>Spine - Thoracic</b>	30 minutes	None	Always order without contrast unless for lesions or cysts - MRI preferred if no limitation - Please see MRI Special Considerations
<b>CTA - Head, Neck, Chest, Pelvis, Abdomen, Upper and Lower Extremity</b>	30 minutes	NPO, 6 hours - no oral contrast	